

# INSIGHT

May  
2026  
Newsletter

## with Interstate Lab Group

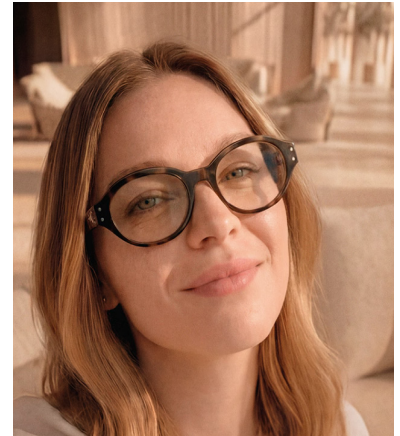
### Crizal® Natural Look™

#### Minimal Reflection, Maximum Natural Look™

Crizal® Natural Look™ sets a new aesthetic benchmark to deliver a subtle anti-reflective effect. The coating maintains its color neutrality and minimal reflection intensity across multiple viewing angles, resulting in lenses that appear clearer indoors and outdoors.

Crizal® Natural Look™ offers Crizal's highest levels of protection against scratches, smudges, dust, water and UV rays, with the added benefit of a subtle aesthetic finish.

**Powered by our in-house AR capabilities at Interstate Lab Group.**



### Upcoming Events



The Tennessee Association of Optometric Physicians Spring CE is **May 7-10**, in Destin, FL (Miramar Beach), offering 12 hours of live COPE-approved CE and opportunities to connect with peers. Late registration is still available at [tennessee.aoa.org](http://tennessee.aoa.org).



The Great Lakes Eyecare Conference is **May 13-14** at the Ann Arbor Sheraton Hotel, offering 14 hours of COPE-accredited CE covering key clinical topics and case-based learning for ECPs, along with networking opportunities. Register now at [www.themoa.org](http://www.themoa.org)



The West Virginia Optometric Association's 2026 Mid-Year Meeting is **May 14-17** at The Greenbrier in White Sulphur Springs, WV, offering valuable CE hours for ECPs. To view the full schedule, credit details, and register, visit [www.westvirginia.aoa.org](http://www.westvirginia.aoa.org)



The Pennsylvania Optometric Association 2026 Spring Congress is **June 4-7** in Pittsburgh, PA, at the Sheraton Station Square, offering up to 18 hours of CE on key clinical topics. View details and register at the POA website, visit [pennsylvania.aoa.org](http://pennsylvania.aoa.org)

### Discontinued Lens Styles:

Removal from Managed Vision Care Providers as of May 12th.

#### DISCONTINUED:

Varilux® Physio® W3+ /Varilux® Physio® W3+Fit  
Varilux® Physio® DRx™/ Varilux® Physio® DRx™ Short

#### RECOMMENDED REPLACEMENTS:

Varilux® Physio® Extensee™ Classic Edition  
Varilux® Physio® Extensee™ /Physio® Extensee™ Track



## Bridget Howell

1ST SHIFT ASSEMBLER

**HOBBIES:** CAMPING, SWIMMING, HIKING

**FAVORITE FOOD:** CHINESE FOOD

**FAVORITE COLOR:** ORANGE

## Employee Spotlight

Bridget Howell has been a valued member of our 1st shift assembly team in Ohio for the past 18 months. She joined Interstate because the schedule worked well for her family, and with her husband already part of the team, it felt like the right fit.

Bridget describes Interstate as a great place to work, with a positive, drama-free environment and a strong sense of teamwork. She especially appreciates being surrounded by dependable teammates who are always willing to help and answer questions.

Her success has been supported by strong training and guidance from those around her. Bridget spent eight weeks in the training room, where she built confidence and learned the assembly process. As an assembler, Bridget installs lenses into frames, helping ensure each pair of glasses is completed accurately and ready for our customers. Through focus and practice, she has continued to grow in her role, building both speed and confidence. She also takes pride in stepping in to help other areas whenever needed.

Outside of work, Bridget enjoys spending time outdoors, including swimming, hiking, camping, traveling, and visiting Mohican. She has a 2-year-old son and is excited to share those outdoor adventures with him as he grows.

### Manager Praise:

“Bridget is always ready to step in when needed. She is flexible, dependable, friendly, and works extremely well with others.”

We are thankful to have Bridget on our team and appreciate the positivity, teamwork, and reliability she brings every day!

## Friendly Shipping Reminder

To help us provide the fastest and most efficient service, please send all “frame to come” jobs in one box using a single return label per day whenever possible. This helps ensure smoother tracking and quicker turnaround times.



### Fun Fact:

UV exposure can contribute to long-term eye conditions like cataracts, which is why proper lens protection is important year-round—not just in summer.

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